

HerbFest

REWILDING 2025

PROGRAMME

SPEAKERS TENT

9:45

Acknowledgment of
Country

Jandamarra Cadd

10:00

Rewilding your nervous
system to stay
grounded with nervous
system herbs

Deanne Apostolou

11:00

Herbal Medicine and
Anthroposophy: Tapping
into the Wisdom of Nature
and Human Intuition

Karen McElroy

12:00

The Language of Plants
and the Five Elements

Sally Taylor

1:00

Rewilding from Inside Out:
Herbs as Spiritual Teachers

Heidi Wedd

DEMONSTRATION TENT

10:30

How to use herbs
in a thriving
backyard food
forest

**Jim Hodgetts
and Julia Peddie**

11:30

Wild Weed
Insect Repellent

Heidi Merika

12:30

Indigenous Plants
and their uses

Pat Collins

ACTIVITIES

ALL DAY

Kids activities
kids area near
playground

**Get hands on
with
Interactive
herbal
education
cards with Taj
Scicluna**

stall opposite Barns
Lane ticket desk

*Everyday
Empowered*

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